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Stroke in China—Past, Present and Future

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Stroke is the second cause of death in China. There are about 2 million people who suffer from new stroke each year not including the silent stroke. We also have very large number of persons with high risk factors: 140 million hypertension patients, 6 millions of diabetics and very bad life style-smoking, drinking etc. So stroke is still a major project for neurologist in China. Over 90% of neurologists in China are working on patients with stroke. However the situation of stroke in China has been changed greatly in the past 30

years: 1) the percentage of hemorrhagic stroke has been reduced to 25-30% 2) mortality of acute stroke has also decreased, 3) the guideline of stroke management has been made and revised twice already, 4) the clinical trial under GCP has been widely accepted and actively participated in the whole country. Recently we had a large stroke conference in Wuhan where we exchanged our experience on several clinical trials and laboratory studies.